

MARCH 23, 2010

EMOTIONAL ABUSE AND HOW TO TREAT IT

Abuse, in general, is any behavior that is designed to control and subjugate another human being through the use of fear, humiliation, intimidation, guilt, coercion, manipulation, etc. Emotional abuse is any kind of abuse that is emotional rather than physical in nature. It can include anything from verbal abuse and constant criticism to more subtle tactics, such as repeated disapproval or even the refusal to ever be pleased. Emotional abuse is like brainwashing in that it systematically wears away at the person's self-confidence, sense of self-worth, trust in their own perceptions, and self-concept. This session will help you identify the varied ways of emotional abuse. Whether it is done by constant berating and belittling, by intimidation, or under the guise of 'guidance,' 'teaching,' or 'advice,' the results are similar. We will focus on the treatment techniques as healing is possible.

INSTRUCTOR: DOUGLASS PETTY, PH.D.

DR. DOUGLAS PETTY earned a Ph.D. in Christian Counseling from Christian Bible College; an M.A. in Psychology with a Sub-specialty in Minority Mental Health from Washington University; a B.A. in Psychology from Talladega College and an A.S. in Physical Education from Lawson State Community College. Rev. Dr. Petty has more than twenty-five years experience in working with youth, young adults, families, and organizations. He has served as an Organizer/Pastor; Faculty Member, at the University of Missouri, Kansas City; Counselor St. Louis Community College, Forest Park Campus and several voluntary roles. As a Development Consultant he has provided training for families, businesses, schools, community organizations and churches in: Life planning/Management, Conflict Resolution, Parenting Skills, Anger Management, Leadership Development, Public Speaking, Team Building and many other topics.

Location: 11300 St. Charles Rock Road, Bridgeton, Missouri 63044

Time: 8:30 am-12 noon

Cost of Workshop: \$75

3 CEHs: Washington University, George Warrant Brown School of Social Work for MO and IL

3 CEHs: NBCC