

APRIL 22, 2010

OBESITY/OVERWEIGHT-EATING DISORDERS ESPECIALLY IN TEENS

This workshop will focus on the genetic, environmental and emotional factors involved in obesity, and offer tools to help the child, the teacher and the family work proactively toward achieving healthy weight. Statistics indicate that more than 30% of American children are overweight, and many suffer from weight-related diseases and impairments such as anorexia and bulimia. Overweight children are also often teased and bullied in school, ostracized, and left out of many sports and social activities. Dealing with this eating disorder effectively can be a challenge for educators, parents, and the children themselves.

INSTRUCTOR: MARY LYNN HALL, MA, LPC

MARY LYNN HALL, MA, LPC, has an established private practice, with more than 20 years of experience as a teacher and school counselor and nearly 40 years as a mental health and substance abuse therapist with specialties in child psychology, crisis intervention and counseling techniques. Ms. Hall was also a consultant to the Arizona Governor's Committee on Child Protective Services and a charter member of the Kansas City Conflict Resolution Task Force.

Location: 11300 St. Charles Rock Road, Bridgeton, MO 63044

Time: 8:30am-12noon

Cost of Workshop: \$55

3 CEHs: Washington University, George Warren Brown School of Social Work for MO & IL

3 CEHs: NBCC