

MARCH 23, 2010

## BURNOUT PREVENTION

Participants will learn how to motivate their employees, make their employees feel important, learn how to really listen to employee comments and concerns, learn how to present on optimistic attitude while still being honest, praise the positive things your employees do, give employees incentives to achieve, make behavior expectations and goals simple and specific, and how to use brief reprimands and rewards to increase expected behaviors.

**INSTRUCTOR: CHERYL L. TERRELL, PH.D.**

**CHERYL L. TERRELL, PH.D.** is a clinical therapist, a psychological examiner, a community and staff educator, and a Licensed Professional Counselor. She is a member of the American Psychological Association, a fellow of the American Psychotherapy Association, a member of the American Counseling Association, and a member of the American Association of Christian Counselors. She has 25 years experience in the mental health field. She has worked in inpatient and outpatient with the adult chronically mentally ill as well as chemical dependent population. The last 15 years she has worked outpatient doing individual, family, marital, and group therapy as well as educational and psychological assessments. She has provided educational training seminars for public school teachers, state agencies, mental health therapist, emergency management personal, businesses, and the general community population. She most enjoys working with child and adolescent trauma recovery. She received a Ph.D. in Clinical Psychology from Walden University in Minneapolis, Minnesota August 2000; a Master of Arts in Psychological Counseling from Southeast Missouri State University May 1985; and a Bachelor of Science in Psychology from Southeast Missouri State University in Cape Girardeau, Missouri.

**Location: First Baptist Church of Poplar Bluff, 551 N. Westwood Blvd., Poplar Bluff, MO**

**Time: 8:30am-12noon**

**Cost of Workshop: \$75**

**3 CEHs: Washington University, George Warren Brown School of Social Work for MO & IL**

**3 CEHs: NBCC**